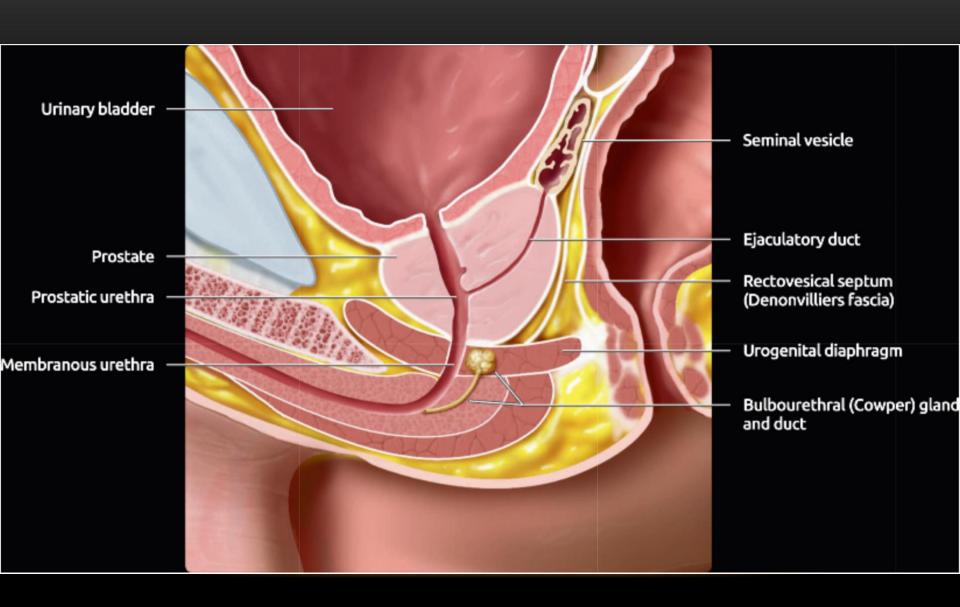
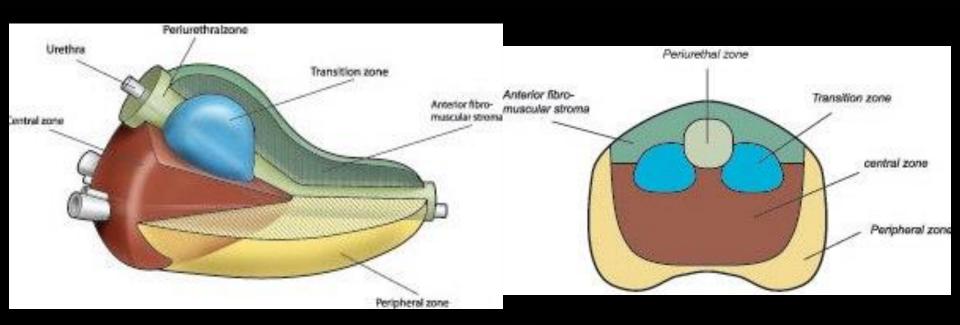
# US OF THE PROSTATE

中國附醫急重症超音波訓練中心 邱德發

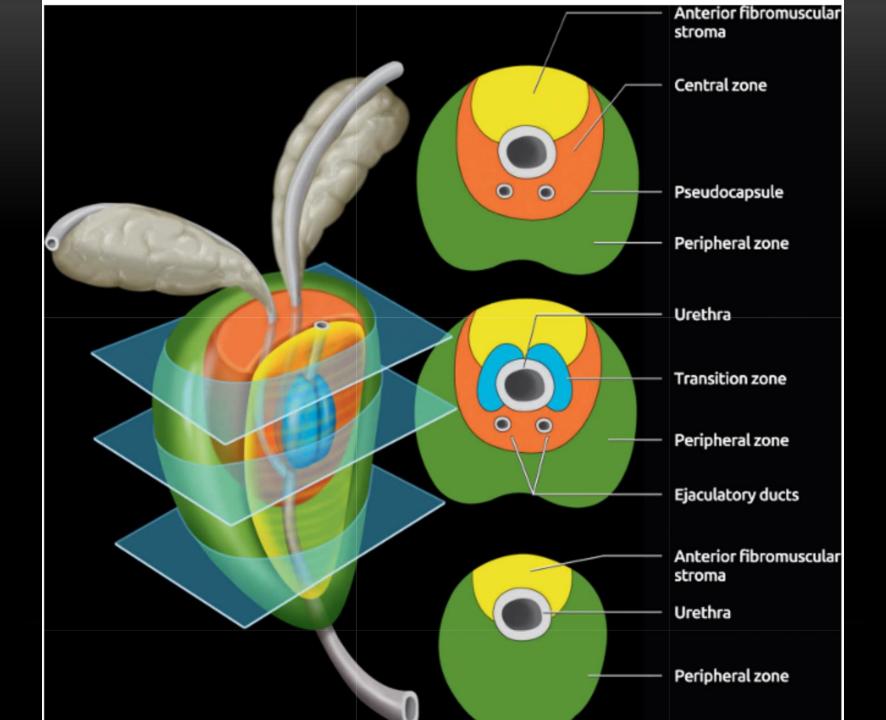


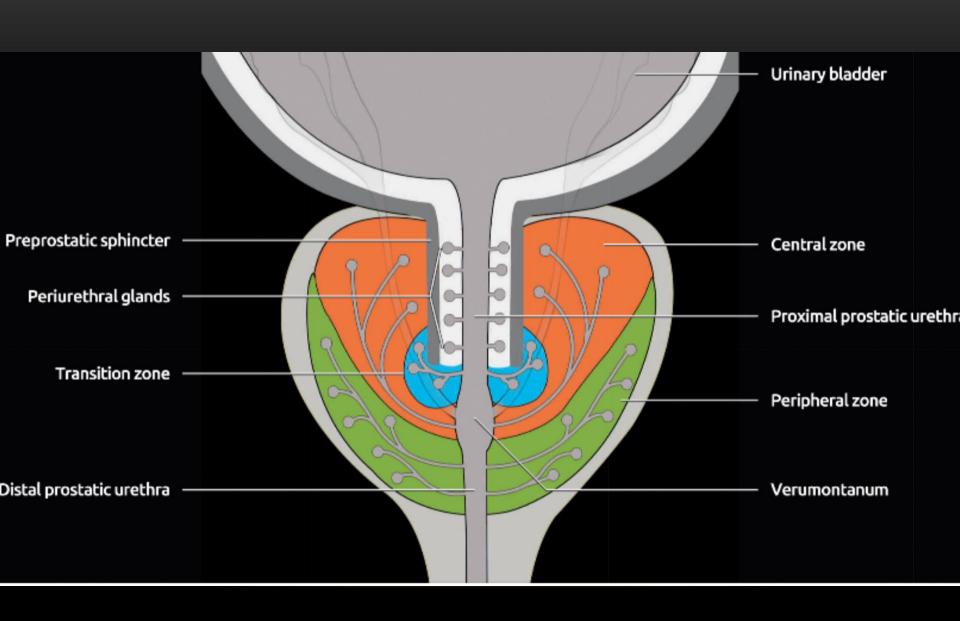
# Normal Prostate Anatomy



**Longitudinal View** 

**Axial View** 

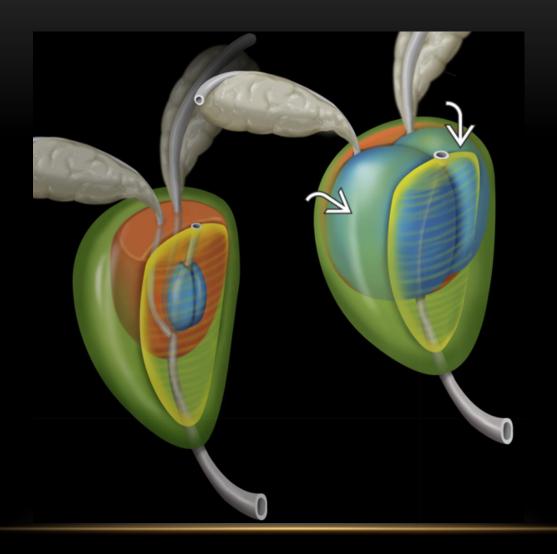




#### Normal prostate

- 20-30 grams
- in young male ~ 3 cm length × 4 cm width × 2 cm depth
- Estimated prostate volume:
  - W × H × L ×  $\pi/6$  = W × H × L × 0.52
  - 1 cc of prostate tissue ~ 1 g
- US cannot reliably differentiate BPH from prostate cancer

## Benign prostatic hyperplasia (BPH)



US cannot reliably differentiate BPH from prostate cancer

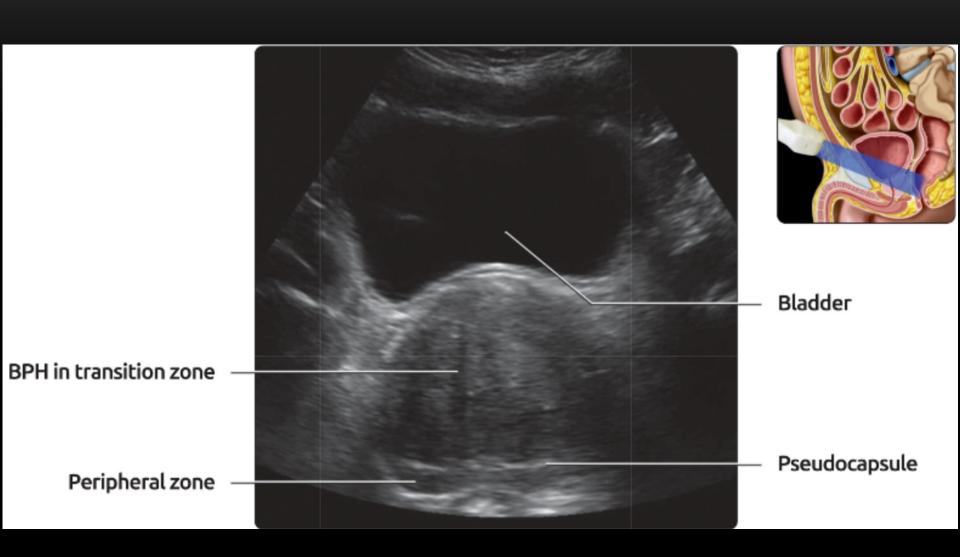


# TRANSABDOMINAL

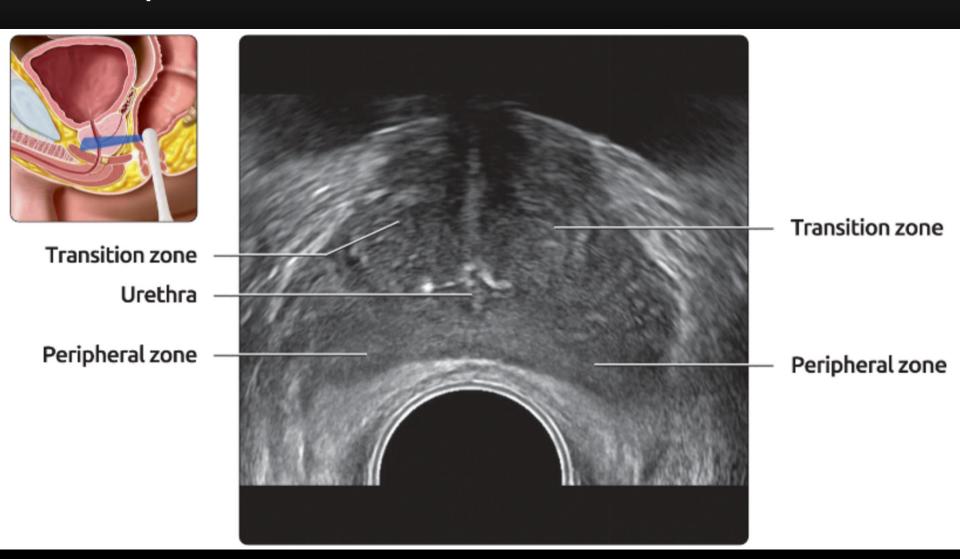
#### Transabdominal Ultrasound

- can assess the volume of the prostate
- not reliable to diagnose carcinoma

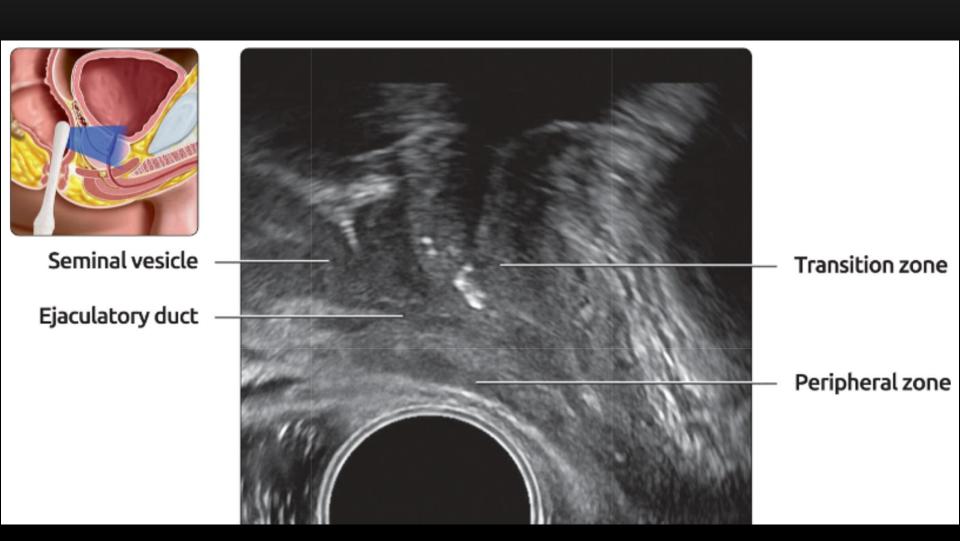
- Supine
- 500 mls of water 1 hr before the scan (a half full bladder)



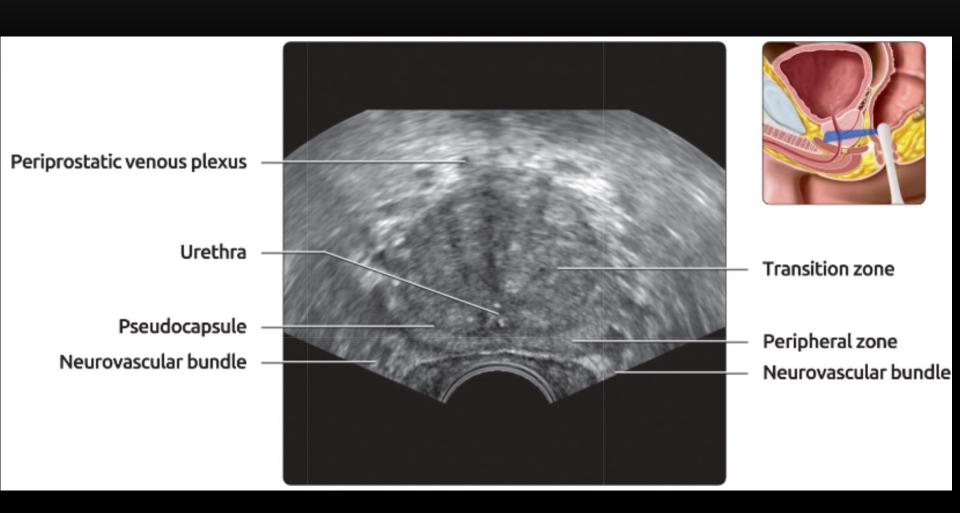
# Transverse TRUS at the level of the midprostate



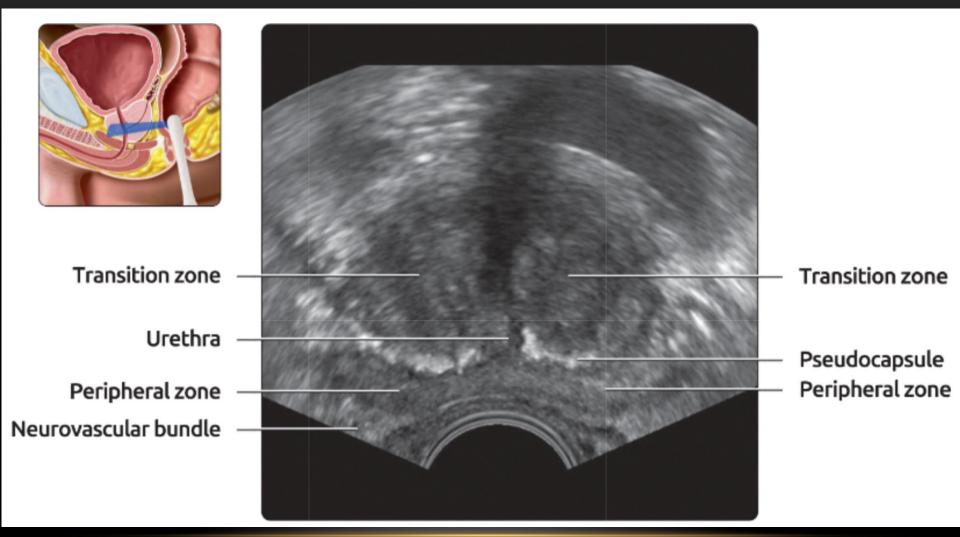
# Parasagittal TRUS



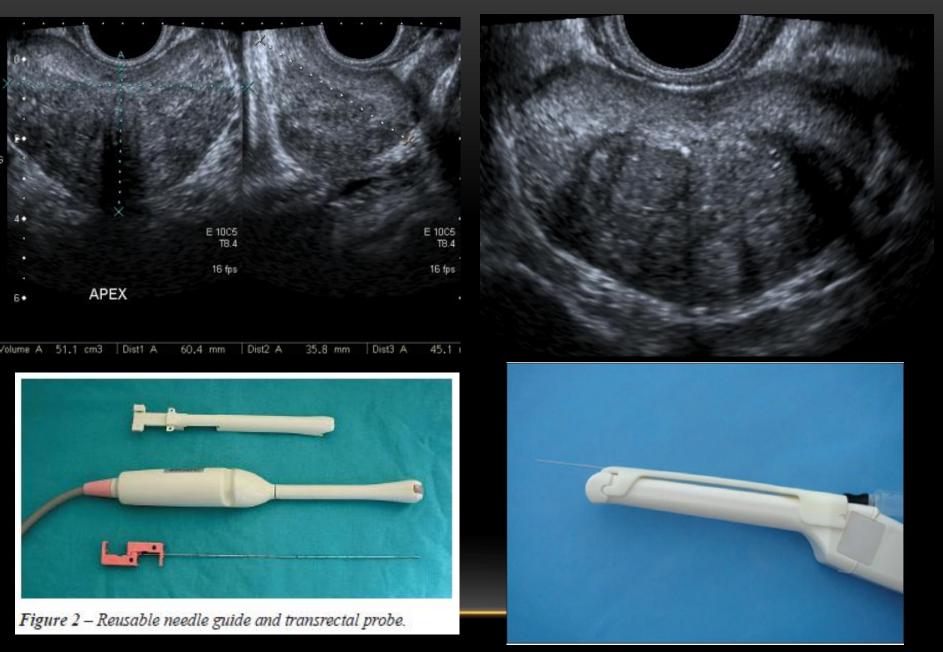
# TRUS, BPH



# TRUS, BPH



Pseudocapsule, outlined by calcifications

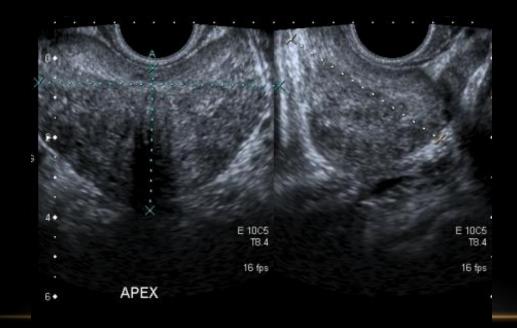


# TRANSRECTAL (TRUS)

#### Volume

height x length (sagittal plane)

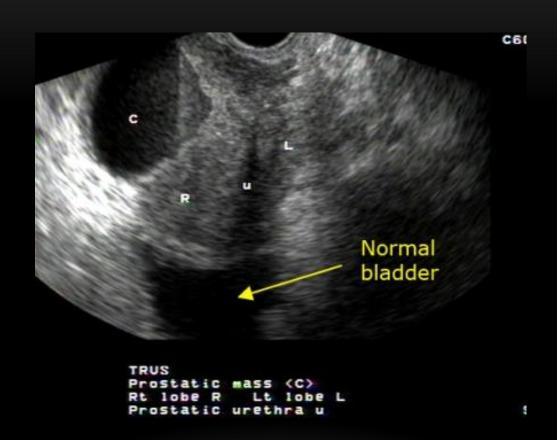
x width x 0.52 (axial plane)



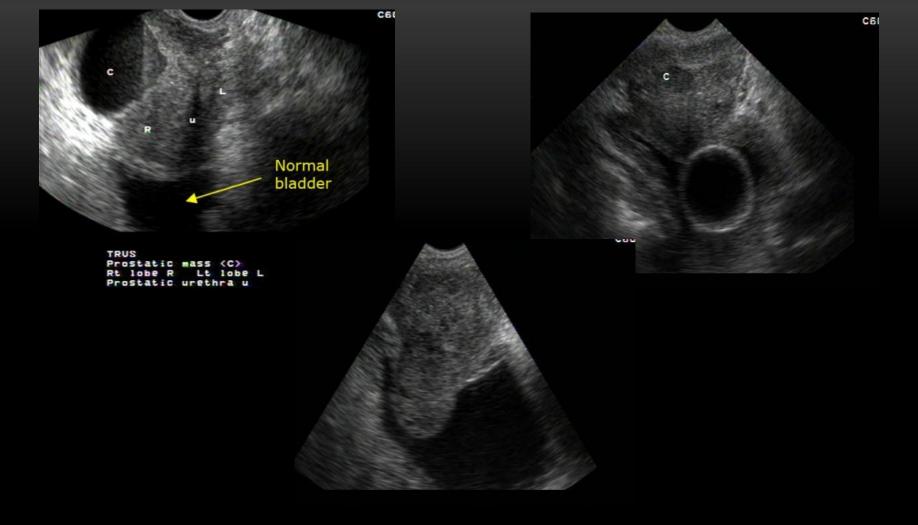
## Common Pathology

- Cysts
- Benign Prostatic Hyperplasia (BPH)
- Prostate Carcinoma
- Prostatitis
- Enlarged seminal vesicles
- Stones in the seminal vesicles, prostate or ejaculatory ducts

#### Nocturnal frequency and urgency x 2 months



- TRUS hypoecheic lesion in the R lobe
- PSA >1000
- Gleason score 9



CARCINOMA OF THE PROSTATE (CAP)
hypoechoic, hyperechoic, or isoechoic on
TRUS



#### Benign prostatic hyperplasia

- volume of the prostate > 30 mL
- combination of stromal and glandular hyperplasia, predominantly of the transitional zone (prostate ca -- peripheral zone)
- the central gland is enlarged, and is hypoechoic or of mixed echogenicity





#### REFERENCES

- 1.
- http://emedicine.medscape.com/article/457757-overview
- 2. http://www.cancer.org.au/cancer-control-policy/position-statements/prostate-cancer.html
- 3.
- http://www.cancer.gov/cancertopics/factsheet/detection/PSA
- 4. BJU Int. 2002 Apr;89(6):538-42.